

Junior National Tennis Rating Program (JNTRP)

General Characteristics of Various Playing Levels.

Find Your Level Here!

A. Begin with 1.0. Read all categories carefully and then decide which one best describes your present ability level. Be certain that you qualify on all points of all preceding levels as well as those in the level you choose.

B. When rating yourself assume you are playing against a player of the same gender and the same ability.

1.5 You have limited experience and are working primarily on getting the ball in play.

2.5 You lack court experience and your strokes need developing. You are familiar with the basic positions for singles and doubles play.

3.0 You are fairly consistent when hitting medium-paced shots, but are not comfortable with all strokes and lack execution when trying for directional control, depth or power. Your most common doubles formation is one-up, one-back.

3.5 You have achieved improved stroke dependability with directional control on moderate shots, but need to develop depth and variety. You exhibit more aggressive net play, have improved court coverage and are developing teamwork in doubles.

4.0 You have dependable strokes, including directional control and depth on both forehand and backhand sides on moderate-paced shots. You can use lobs, overheads, approach shots and volleys with some success and occasionally force errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 You have developed your use of power and spin and can handle pace. You have sound footwork, can control depth of shots, and attempt to vary game plan according to your opponents. You can hit first serves with power and accuracy and place the second serve. You tend to over hit on difficult shots. Aggressive net play is common in doubles.

5.0 You have good shot anticipation and frequently have an outstanding shot or attribute around which a game may be structured. You can regularly hit winners or force errors off of short balls and can put away volleys. You can successfully execute lobs, drop shots, half volleys, overhead smashes, and have good depth and spin on most second serves.

5.5 You have mastered power and/or consistency as a major weapon. You can vary strategies and styles of play in a competitive situation and hit dependable shots in a stress situation.

207-831-8529 e-mail grandslamtennis1@yahoo.com



45 Constitution Dr
Westbrook, Maine 04092



Maine Junior Team Tennis



Junior Team Tennis uses a team concept that emphasizes fun, fitness and friends.

Another tennis program offered by:



www.grandslamtennis.net

Jeff Barrett

Junior Team Tennis Coordinator
for St. Peter's Grand Slam Tennis



- Ⓟ Certified PTR & USPTA teaching Professional
- Ⓟ Formally assistant coach for the USTA area National Junior Development program
- Ⓟ Ranked #1 in Maine, #14 in New England in the men's 35's singles
- Ⓟ Teaching Pro at the Portland Athletic Club since 1990

Match and practice format

Each player that registers for the USTA Junior Team Tennis program with St Peter's Grand Slam Tennis will be registered on USTA's tennis link. Players can sign up with a friend, as a team or on there own and will be placed on a team according to the JNTRP national rating system. (see back page) Each team will have six practices and a minimum of six matches with our coaches.

Match Format

Championship: Team matches will be co-ed and will be ability based rather than gender based. A team match will consist of two singles matches, and three doubles matches. Matches will be decided by total games won.

Scoring will be 2 out of 3 four game sets, no-ad scoring with a 7 point tie-break at 3 games all, and in lieu of a third set.

Recreational: To be determined.

How can I sign up and play?

Team registration for the Greater Portland Summer League ends the last week of May.

Please contact league coordinator **Wayne St. Peter** at grandslamtennis1@yahoo.com or Jeff Barrett at beachtennis@aol.com

207-831-8529 with questions.

Junior Team Tennis does take a commitment by you to your team, and teammates for matches and practices.

Players must play in three team matches that are recorded on Tennislink in order to qualify for the championship level of play. Team schedules will be published prior to the league start date.

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What are the Championship Divisions of USTA Jr. Team Tennis?

Championship Divisions

14 & Under Division, Intermediate 3.0 NTRP & below*
Thursday nights after 4:30pm

14 & Under Division Advanced 3.5 NTRP & above
Wednesday nights after 4:30pm

18 & Under Division, Intermediate 3.0 NTRP & below*
Tuesday nights after 4:30pm

18 & Under Division Advanced 3.5 NTRP & above
Monday nights after 4:30pm

*** Day of play maybe changed due to number of teams.

*Players with 500 or more USTA New England tournament points at the end of the previous calendar year can **only** play at the Advanced Division.

Winning teams in each division are eligible to play in State, Section, and National Championship starting in August 2008. Teams must have a minimum of 3 boys & 3 girls play in three team matches that are recorded on Tennislink in order to qualify for championship play. For a complete set of regulations log onto www.usta.com, click on play now, and then Juniors.

Age Eligibility Requirements for Divisions

14 & Under Player can not turn 15 before August 31,2008

18 & Under Player can not turn 19 before August 31,2008

Registration Form

The 2008 Maine Junior Team Tennis cost is \$100.00 for the season which includes all local and state tournament fees, coaching fees, tennis link sign up fees, & a team shirt.

Please make the check or money order payable to St. Peter's Grand Slam Tennis and remit to St. Peter's Grand Slam Tennis 45 Constitution Dr Westbrook, Me. 04092

Please print clearly:

Name: _____

Address: _____

City: _____ Zip Code: _____

Day Time Phone: _____

Evening Phone: _____

D.O.B.: __/__/__ School _____

Grade: _____ JNTRP self rating: _____

E-mail address: _____

STATEMENT OF AGREEMENT

Unless otherwise stated, my signature permits you to use photographs of my child for camp purposes. Grand Slam Tennis Camp will safeguard the health of each participant but will not be responsible for sickness or accident. The applicant is in good health, is covered by insurance and is able to participate in physical activity. I authorize the staff members to act for me, according to their best judgment in any emergency requiring medical attention

Parent / Guardian Signature

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